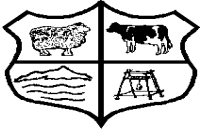


Name:



Te Pahu School Times

Wednesday 5th May 2010

**Attitude Determines
Altitude**

671 Te Pahu Road, RD 5, Hamilton
Phone: (07) 825-9849 Fax: (07) 825-9849
Email: office@tepahu.school.nz

Thank you for returning the slips in regards to the teachers paid union meeting on the afternoon of Tuesday 11 May. From the information gathered school will continue with its regular hours with supervision provided by myself and one other teacher. Buses will run at normal times after 3.00pm.

I would like to remind you of the invitation to parents and caregivers to a curriculum open day on Wednesday 12 May. This is an opportunity for you to be informed about the revised New Zealand Curriculum, to see the curriculum in action and to contribute to our Te Pahu curriculum. For those who are unable to make the day session we will have an evening session.

The day session will start at 9.00am; meet in the den for a New Zealand Curriculum overview and current implementation at Te Pahu School: 9.30 Visit classrooms to see the curriculum in action.
10.15 meet in the den to contribute to the Te Pahu Curriculum.

The evening session will start at 7.00pm and will follow a similar programme without all the children in action

Congratulations to the PTA and the many people who supported the construction of our new basketball goals on the top court. Our students were quick to notice them on arrival at school on Monday morning and were putting them to good use. It was noted that a couple of teachers were enjoying them as well. This is another example of the fantastic organisation and foresight of the PTA and the community spirit of Te Pahu.

If your contact details have changed please let us know the new details. We have a few families with only one phone contact and some of these are either always on voice message or gives a disconnected signal. In the case of an emergency we need to have some one we are able to contact.

Reminder: ICAS Exams for Spelling & Writing Entries close next Friday 14th May

Aaron West, Principal

TE PAHU NETBALL

Te Pahu Netball Team Year 5/6 sponsored by **De Lautours Co.** played in the weekend.

First game was 3-1 to Ohaupo Magic and the 2nd game 2-2 vs TAPS Vetent Hot Chicks. Player of the Day: Ruby Lennan. Welcome to Emma Hewlett, who is joining us from Te Miro School.



PTA News

The PTA would like to acknowledge a few people who have been a driving force to get Basketball up and running in our school:

Tony Drnasin and his workers who dug the holes, organised concrete and put in the posts

Gavin Moorhouse who designed and organised the poles and who helped put everything together, plus did final assembly

Kelvin Kewish, Alister Boyd, Brett Carter, John Bowe and Gavin Moorhouse who assembled the final product.

Greg Finn for supplying the paint and painting the backboards free of charge (If anyone needs a painter please support Greg Finn (07) 871-9130)

Bower Concrete who supplied the concrete for free (please support them)

Colourform Joinery for making the backboards at cost price (please support them)

Prime Systems Engineering for giving us a great price (please support them)

and the **Te Pahu School PTA** for raising the money to pay for everything.

*DJ sponsored by Garrett DJ Services,
Phone 0275 444076. Available for
*Social gatherings, *21st etc,
*Reunions, *Functions, *Weddings.
Use our local DJ*



WHOLE SCHOOL DISCO: Friday May 14th 6-8pm

"Beach Party" Theme. Entry \$5 or \$10 per family.

FOR SALE: Hawaiian pizza slices, Chocolate Bars, Drinks.

Te Pahu Schwop:

Community event run by the Te Pahu PTA

Need new holiday reading? Tired of your DVD's? This schwop caters for children and adults. Books/Jigsaws/DVDs/CDs/Records Vouchers for schwopping will be given for items in good condition. This is a Pot Luck schwop. Item drop off date for vouchers, Friday 18th June, Schwop date Sunday 27th June. \$5 entry fee per family paid on entry at the schwop.

- Please collect and send to School EVEREADY BATTERY AND TORCH PRODUCTS BARCODES. These can be used to get computer equipment.

NO Friday lunches: Due to supplying Cross Country lunch on Wednesday.

House Shirts:

Due to price increases, this is a final opportunity to purchase

House T-Shirts at \$15.00 if your order is placed by Friday 14th May 2010.

Children & Adult sizes all the same price, which includes your house name printed on the front of the T-Shirt. \$3.00 extra for a name printed on the back of your T-Shirt (This is a fun way to show your house colours)

New price for T-Shirts will be \$18.00,

extra \$5.00 for a name printed on the back of your T-Shirt.

WEEK 3: ENERGIZER TIP

FOOD LABELS

How to read a NIP (Nutrition Information Panel)



Three rules to follow when reading NIP's:

- When comparing two products always look at the **100g column**
- Think about what nutrients you would be concerned about being too high in that 'type' of product. E.g. **snack bar = fat and sugar**
- Choose the product with the **least amount** of those nutrients

	Per 100g
Energy	1730kJ
Protein	5.6g
Fat - Total	14.6g
- Saturated	7.2g
Carbohydrates	64.4g
- Sugars	32.6g
Sodium	270mg